

NEWSLETTER



OCTOBER 2023

HEALTHY SCHOOLS

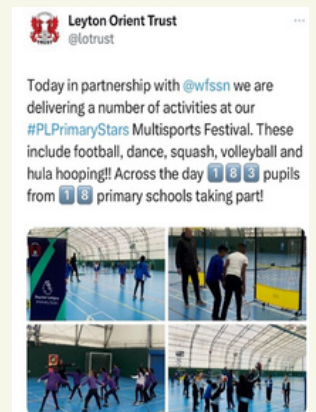
The Autumn Term is now fully underway with lots of activities and sessions being delivered.

This has included:

- Cubitt Town Primary School hosting the Tower Hamlets Para Sports Event- in partnerships with Canary Wharf Group – for 26 pupils with special educational needs.
- October is Black History Month and in partnership with Orient First Team and Youth Team Players October, Pupils at George Mitchell School and Downsell Primary School, learnt about Laurie Cunningham and the impact he had on football and wider society.



- The Trust also welcomed two Orient Women's First Teamers where they met and watched 100 Year 6 girls take part in the Trust's All Girls Football Tournament. The winners Newport Primary School will now represent Leyton Orient at the PLPS London Football Tournament in March 2024.



- The Trust Team – in partnership with the Waltham Forest School Sports Network hosted the first Multi Sports Festival for the year with 183 students from various primary schools in the borough attending. This event provided them with the chance to explore and learn new activities such as football, dance, squash, volleyball, and hula hooping. The Trust Team also celebrated the impact of the Joy of Moving Programme this half term.



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16-18 STUDY PROGRAMME



The first half term has flown by for the 90 students on the Study Programme. As well as focusing on their studies and completing their first assignments, the students have also attended their first Orient Home game of the season; competing in the EFL College League against other EFL Clubs in the region and been supporting the PFA and ex professionals on their FA Coaching Courses.

The Study Programme Team is also now recruiting for the next academic year with the first 23-24 Try Out and Find Out Day held during October Half Term with 36 signing up.

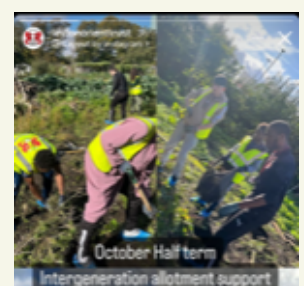
YOUTH ENGAGEMENT AND SUPPORT

The Youth Engagement and Support Team have continued to deliver in school mentoring support and outreach detached youth work in Tower Hamlets, Hackney, Redbridge and Waltham Forest.

The Team also worked with the Met Police on organising and insight and impact day at SCORE for 70 Year 10 Students from Norlington Boys and Sixth Form, which offered workshops, including Physical Activities, Career Insights into Blue Light Services, Sport Coaching, Physical Challenges, and Creative Media Industries

During the Half Term the Trust Team hosted an U16 football and basketball tournament with the Spurs Foundation, bringing together young people from Waltham Forest and Haringey supporting the Premier League's #NoRoomForRacism campaign and Show Racism the Red Card's #WRD23 initiative.

October Half Term also saw the launch of the National Citizens Service Youth Engagement and Social Action Programme with 30 young people taking part in supporting local food banks, clearing allotments and creating their own podcasts. The NCS Programme in London is being delivered through London Youth with 10 other London Clubs and 40 youth clubs and runs until March 2025.



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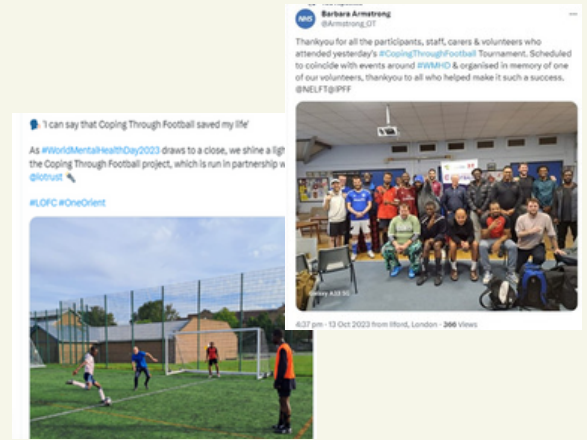
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HEALTH ENGAGEMENT

In October the Health Engagement Team highlighted the work of Coping through Football as part of World Mental Health Day with an excellent piece promoted by the Club. This followed with a fantastic football festival as part of one of the sessions.

The Team has also continued to deliver wellbeing cafes, the Community Living Room and outdoor physical activity programmes including the community walks.

One of the Team's Volunteers Rose Bunbury has been recognised for her contributions by being nominated for a Pride of Waltham Forest Awards.



CLUB & COMMUNITY LIAISON



Orient First Team Players have continued to engage with the Club's wider communities including Schools in Essex.

The Club has also engaged with 14 Junior Clubs with each one visiting on a match day and taking part in flag bearing and half-time activities. This month Nazeing FC joined us in the Hub and on the pitch.

