

NEWSLETTER



MAY 2023

HEALTHY SCHOOLS

- The Trust Schools Team have been supporting a couple of Schools with their fundraising activities. This included participating in and supporting the Chapel End Infant School mini marathon, which raised funds for new outdoor equipment. The Team were also invited by Riverley and Willow Brook Primary Schools to a sponsored fun run at Leyton Jubilee Park, where the League Two Champions Trophy also made an appearance
- In partnership with British Dodgeball, the Trust welcomed eight primary school teachers from Tower Hamlets, delivering the Level 1 Dodgeball course, equipping them with the necessary skills to support PE in their schools
- The Trust Team celebrated the sixth anniversary of PL Primary Stars by organising a Football Tournament at Mile End Stadium with 22 primary schools from Tower Hamlets, where 176 pupils had a fantastic time, They even had the opportunity to take pictures with the prestigious League Two Champions Trophy



HEALTH ENGAGEMENT

The Health Team has been busy setting up new activities and events including:

Weekly Walks

As part of National Walking Month, The Trust's Community Health Champions team recruited Walk leaders to lead the five weekly walks across the Waltham Forest area, where everyone can enjoy the free healthy walks programme every Wednesday.

East Stand Sewing Club

The Team has also set up a new Sewing programme which is held at the club in the community hub weekly.

Diabetes Workshop

Every Thursday the Team supports activity in the Hub including delivering workshops along with representatives from Diabetes UK, Healthwatch, and Adult Learning.

Daughters and Dads

In partnership with Project Zero The Daughter's and Dad's Programme 12 weeks programme has started, with the aim of helping Daughter's and Dads build their relationship and get fit and healthy.



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FOSTERING CAMPAIGN

As part of the Supporting Fostering campaign held throughout May the Trust signed up to being a foster-friendly employer that wholeheartedly supports foster care. The Trust has implemented policies to provide flexibility in working schedules and offer a minimum of five extra paid leave days for employees involved in fostering commitments, with the goal to provide strong support to fostering employees and help others within the Trust to become approved foster carers.



YOUTH ENGAGEMENT AND SUPPORT

As part of the ongoing work with the Club and the FA on supporting future female football talent the Trust Team held the two first Discover My Talent ID Festivals in Tower Hamlets. During the event, the participants engaged in workshops, skills challenges, and friendly games, and two of the Club's Women's Team players were present to answer questions and inspire aspiring female players.



STUDY PROGRAMME

The Trust continues to recruit for new students for the next academic year through open Try out and Find Out Days - which now also includes E Sports.



CLUB & COMMUNITY LIAISON

Leyton Orient players Jayden Sweeney, Theo Archibald and the Club mascot, Theo the Wyvern, visited pupils at Alderbrook Primary to lead anti-discrimination workshops on bullying and to talk about the Club's success on the pitch and to present the League Two Champions Trophy.



A fantastic afternoon of anti discrimination workshops on bullying and Q&A's with Jayden Sweeney & Theo Archibald at the wonderful @ALDERSBROOK . The children also got to see @theo_wyvern & the League 2 Trophy 🏆 #lofc #PLPrimaryStars

Now that the season has ended the Team has reviewed and compiled highlights of the liaison work. A big thank you to all at the Club including the players and coaching staff for making this season unforgettable on and off the pitch.

